

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING

UNIT PLAN FOR M. Sc NURSING FIRST YEAR

SUBJECT: ADVANCE NURSING PRACTICE

INC RECOMMENDED THEORY HOURS- 150

INC RECOMMENDED PRACTICAL HOURS- 200

INC RECOMMENDED TOTAL HOURS- 350

COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT No: 1

HOURS:20 Hrs

UNIT TITLE: NURSING AS A PROFESSION

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 1- NURSING AS A PROFESSION

HOURS	LEARNING OBJECTIVE	CONTENT	METHOD OF TEACHING	AV AIDS	METHOD OF EVALUATION
10 Hours	Describe nursing profession	Unit 1- Nursing As A Profession	Lecture Cum Discussion, Seminar	Chalk Board And Power Point Presentation	Assignments And Test, Debate,
2 Hours	Describe History of development of nursing profession	History of development of nursing profession, characteristics, criteria of the profession, perspective of nursing profession-national, global	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
2 Hours	Explain Code of ethics	Code of ethics(INC), code of professional conduct(INC), autonomy and accountability, assertiveness, visibility of nurses, legal considerations	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test

1 Hour	Discuss role of regulatory bodies	Role of regulatory bodies	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
1 Hour	Elaborate Professional organizations	Professional organizations and unions-self defense, individual and collective bargaining	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
1 Hour	Describe Educational preparations and continuing education	Educational preparations, continuing education, career opportunities, professional advancement & role and scope of nursing education.	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
1 Hour	Discuss Role of research, leadership, and management	Role of research, leadership, and management.	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
1 Hour	Explain Quality assurance in nursing	Quality assurance in nursing (INC).	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test
1 Hour	Describe Futuristic nursing	Futuristic nursing.	Lecture Cum Discussion	Chalk Board And LCD Projector	Assignment and Test

COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT No: 2

HOURS: 5 Hrs

UNIT TITLE: HEALTH CARE DELIVERY

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 2- HEALTH CARE DELIVERY

HOURS	LEARNING OBJECTIVE	CONTENT	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
5 Hours	Elaborate the health care delivery system	Unit 2- Health Care Delivery	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test

1 Hour	Discuss Health care environment	Health care environment, economics, constraints, planning process, policies, political process vis a vis nursing profession.	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 Hours	Explain Health care delivery system	Health care delivery system- national, state, district and local level. Major stakeholders in the health care system- Government, non-govt, Industry and other professionals. Patterns of nursing care delivery in India.	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 Hour	Discuss Health care delivery concerns	Health care delivery concerns, national health and family welfare programs, inter-sectoral coordination, role of nongovernmental agencies	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 Hour	Elaborate Information, education and communication	Information, education and communication (IEC). Tele-medicine	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test

COURSE TITLE: ADVANCE NURSING PRACTICE**UNIT No: 3****HOURS: 10 Hrs****UNIT TITLE: GENETICS****SUB.COORDINATOR: MS. SHELJY SHAJN****UNIT 3- GENETICS**

HOURS	LEARNING OBJECTIVE	CONTENT	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
10 Hours	Explain genetics and practical application of genetics in nursing	Unit 3: Genetics	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 hours	Explain Review of cellular division	Review of cellular division, mutation and law of inheritance, human genome project ,The Genomic era	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 hour	Discuss Basic concepts of Genes, Chromosomes & DNA	Basic concepts of Genes, Chromosomes & DNA	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 hours	Describe Approaches to common genetic disorders	Approaches to common genetic disorders	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
3 hours	Enumerate Genetic testing	Genetic testing – basis of genetic diagnosis, Pre symptomatic and predisposition testing, Prenatal diagnosis & screening, Ethical, legal & psychosocial issues in genetic testing.	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 hour	Discuss Genetic counseling	Genetic counseling	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 hour	Discuss Practical application of genetics in nursing	Practical application of genetics in nursing	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test

COURSE TITLE: ADVANCE NURSING PRACTICE**UNIT No: 4****HOURS: 10 Hrs****UNIT TITLE: EPIDEMIOLOGY****SUB.COORDINATOR: MS. SHELJY SHAJN****UNIT 4- EPIDEMIOLOGY**

HOURS	LEARNING OBJECTIVE	CONTENT	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
10 Hours	Discuss Epidemiology And application of epidemiology in health care delivery system	Unit 4- Epidemiology	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 Hours	Describe Scope, epidemiological approach and methods	Scope, epidemiological approach and methods,	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 Hours	Explain Morbidity, mortality	Morbidity, mortality	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
2 Hours	Discuss Concepts of causation of diseases and their screening	Concepts of causation of diseases and their screening	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
3 Hours	Elaborate Application of epidemiology	Application of epidemiology in health care delivery, Health surveillance and health informatics	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test
1 Hour	Discuss Role of nurse	Role of nurse	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments and Test

COURSE TITLE: ADVANCE NURSING PRACTICE**UNIT No: 5****HOURS: 20 Hrs****UNIT TITLE: BIO-PSYCHO SOCIAL PATHOLOGY****SUB.COORDINATOR: MS. SHELJY SHAJN****UNIT 5- BIO-PSYCHO SOCIAL PATHOLOGY**

HOURS	LEARNING OBJECTIVE	CONTENT	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
20 Hours	Explain Bio-Psycho Social Pathology in a human being and the management of same	Unit 5- Bio-Psycho Social Pathology	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments, Debate, Demonstration, , Case Study, Visit
2 Hours	Discuss Pathophysiology And Psychodynamics Of Disease Causation	Pathophysiology And Psychodynamics Of Disease Causation	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test
2 Hours	Explain Life Processes	Life Processes, Homeostatic Mechanism, Biological And Psycho-Social Dynamics In Causation Of Disease, Life Style	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test
1 Hour	Describe s	Common Problems: Oxygen Insufficiency, Altered Body Temperature	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test and Case Study
1 Hour		Fluid & Electrolyte Imbalance	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test and Case Study
2 Hours		Haemorrhage & Shock	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test and Case Study
1 Hour		Sensory Deprivation & Pain	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test and Case Study
2 Hours		Unconsciousness & Sleep Disturbances	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test

2 Hours		Nutritional Problems, Treatment Aspects: Pharmacological And Pre- Post Operative Care Aspects	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Test and Case Study
2 Hours		Cardio Pulmonary Resuscitation, End Of Life Care	Lecture Cum Discussion and demonstration	Simulators	Return Demonstration
2 Hours		Infection Prevention (Including HIV) And Standard Safety Measures, Bio-Medical Waste Management.	Lecture Cum Discussion, Feild Visit	Chalk Board And LCD Projector	Debate, Visit
1 Hour		Role Of Nurse- Evidence Based Nursing Practice; Best Practices	Problem Based Learning	Chalk Board And LCD Projector, journals	Assignment
1 Hour		Innovations in nursing	Problem Based Learning	Chalk Board And LCD Projector, journals	Assignment

COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT No: 6

HOURS: 20 Hrs

UNIT TITLE: PHILOSOPHY AND THEORIES OF NURSING

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 6- PHILOSOPHY AND THEORIES OF NURSING

CONTENT	HOURS	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
Unit 6- Philosophy And Theories Of Nursing	20 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments , Debate, Case Study
Values, Conceptual models, approaches	2 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Nightingale's theory: Application	1 hour		Chalk Board And LCD Projector	Assignment, Case Study
Henderson's	1 hour	Lecture Cum	Chalk Board And	Assignment, Case

theory: Application		Discussion, Seminar	LCD Projector	Study
Roger's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Peplau's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Abdella's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Lewine's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Orem's theory: Application	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Neuman's theory: Application	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Roy's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
King's theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Johnson's theory: Application,	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Watson parsee theory: Application	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Health belief models	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment, Case Study
Communication and management	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Concept of Self health	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment

modification and evaluation of care.		Discussion, Seminar	LCD Projector	
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COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT No: 9

HOURS: 30 Hrs

UNIT TITLE: PSYCHOLOGICAL ASPECTS AND HUMAN RELATIONS

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 9- PSYCHOLOGICAL ASPECTS AND HUMAN RELATIONS

CONTENT	HOURS	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
Unit 9- Psychological Aspects And Human Relations	30 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments , Debate
Human behavior	2 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Life processes and growth and development	2 hours		Chalk Board And LCD Projector	Assignment
Personality development	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Defense mechanisms	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Communication	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Interpersonal relationships	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Group dynamics	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Organizational behavior	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Basic human needs	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate

Growth and development, (Conception Through preschool, School age through adolescence, Young & middle adult, and Older adult)	4 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Sexuality and sexual health	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Stress and adaptation	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Crisis and its intervention	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Coping with loss, death and grieving,	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Principles and techniques of Counseling	2 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate

COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT NO: 10

HOURS: 10 HRS

UNIT TITLE: NURSING PRACTICE

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 10- NURSING PRACTICE

CONTENT	HOURS	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
Unit 10- Nursing Practice	10 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments , Debate
Framework, scope and trends	1 Hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Alternative modalities of care, alternative systems of health	1 hour		Chalk Board And LCD Projector	Assignment

and complimentary therapies				
Extended and expanded role of the nurse, in promotive, preventive, curative and restorative health care delivery system in community and institutions	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment
Independent practice issues,- Independent nurse-midwifery practitioner. Collaboration issues and models-within and outside nursing., Models of Prevention	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Family nursing, Home nursing	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Gender sensitive issues and women empowerment	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Group dynamics	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Disaster nursing	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Geriatric considerations in nursing	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate
Evidence based nursing practice- Best practices, Trans-cultural nursing	1 hour	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignment

COURSE TITLE: ADVANCE NURSING PRACTICE

UNIT NO: 11

HOURS: 25 HRS

UNIT TITLE: COMPUTER APPLICATIONS FOR PATIENT CARE DELIVERY SYSTEM AND NURSING PRACTICE

SUB.COORDINATOR: MS. SHELJY SHAJN

UNIT 11- COMPUTER APPLICATIONS FOR PATIENT CARE DELIVERY SYSTEM AND NURSING PRACTICE

CONTENT	HOURS	METHOD OF TEACHING	AV AIDS	METHOD OF TEACHING
Unit 11- Computer Applications For Patient Care Delivery System And Nursing Practice	25 Hours	Lecture Cum Discussion, Seminar Cum Hands On Experience	Chalk Board And LCD Projector	Assignments , Debate
Use of computers in teaching, learning, research and nursing practice	5 Hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments
Windows, MS office: Word, Excel, Power Point	5 hours		Chalk Board And LCD Projector	Assignments
Internet, literature search	5 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments
Statistical packages	5 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Assignments
Hospital management information system: softwares	5 hours	Lecture Cum Discussion, Seminar	Chalk Board And LCD Projector	Debate